

# LIAC Summer Fun Invite Jul 1-2, 2017

## Attention!!!

Only swimmers with qualifying times will be going to this meet.

CHECK YOUR CHILD'S NAME IN the Meet Entries file attached.

## ADDRESS:

[Nassau County Aquatic Center](#), Eisenhower Park, East Meadow, NY 11554

Tickets are available here: [LIAC Summer Fun Tickets 2017](#)

## Schedule

### Attention - NEW TIMES!!!

12 & Under and 13 & Over Sessions were combined into one session!!!

Swimmer Must be on the pool deck at the following times:

### Saturday (July 1st)

**7:30am** for ALL AGE GROUPS!!!

### Sunday (July 2nd)

**7:30am** for ALL AGE GROUPS!!!

**Be prepared!**

Please be sure your swimmer packs their swim bag with their competition suit, a backup suit, caps (2), goggles (2), towels, slides/deck shoes, snacks, water and sports drinks in NON-DISPOSABLE BOTTLES.

**Be in Uniform!**

**All swimmer must wear their Freedom Aquatics' warm up suit and Red Team t-shirt** when arriving and departing the venue as well as in between events. Swimmers must wear the Freedom Aquatics' Speedo Aquablade Team Suit or an alternative tech suit approved by their coach during competition. However, swimmers may wear a different suit during the warm up for their session. **Swimmers must wear their WHITE Freedom Aquatics swim cap only.**

**NO OTHER CAPS WILL BE PERMITTED.**

**Swimmers without REQUIRED ITEMS WILL BE SCRATCHED FROM THE MEET WITH NO REFUNDS!!!**